



## Books and PUBLICATIONS

### *Peace and Healing*

Available from GC Family Ministries or [www.AdventSource.org](http://www.AdventSource.org)

### enditnow Sabbath packet

Available on the Women's Ministries website [www.adventistwomensministries.org](http://www.adventistwomensministries.org)

### enditnow Brochures

- "This Happens in Our Homes, Our Churches, Our Communities"
- "Health Consequences of Violence Against Women and Girls"

### "Breaking the Silence" six brochures

Available on the Women's Ministries website [www.adventistwomensministries.org](http://www.adventistwomensministries.org)

- "You Can Stop the Violence and Help Them Heal"
- "Do You Know Someone Who is Abused?"
- "Are You Being Abused by Your Boyfriend or Husband?"
- "Are You Abusing Someone?"
- "Is Your Child Being Abused?"
- "Are You Being Abused by Your Girlfriend or Wife?"

### *Domestic Violence: What Every Pastor Needs to Know.*

Al Miles. Minneapolis: Ausburg Fortress Press, 2000.

### *Helping Hurting Members: A Handbook for Pastors and Other helping Professionals* - AdventSource

*Understanding Intimate Violence.* Barbara Couden, Ed. Review and Herald Pub. Association, 1999.

## WEBSITES

enditnow  
[www.enditnow.org](http://www.enditnow.org)

National Advisory Council on Violence Against Women  
<http://toolkit.ncjrs.org>

Shalom Bayit - Bay Area Jewish Women Working to End Domestic Violence  
<http://www.Shalom-Bayit.org>

Clergy and Educator Abuse Survivors Empowered  
[www.advocatweb.org/cease](http://www.advocatweb.org/cease)

Regeneration Ministries  
[www.regenerationministries.com](http://www.regenerationministries.com)

Faith and Trust Institute  
[www.faithtrustinstitute.org/](http://www.faithtrustinstitute.org/)

UNICEF  
[www.unicef.org/publications](http://www.unicef.org/publications)

World Information  
[www.hotpeachpages.net](http://www.hotpeachpages.net)

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- Adventist Chaplaincy Ministries • Children's Ministries • Education Department • Family Ministries • Health Ministries • Ministerial Association • Women's Ministries • Youth Ministries

FOR FURTHER INFORMATION:  
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[www.adventistwomensministries.org](http://www.adventistwomensministries.org)  
[www.enditnow.org](http://www.enditnow.org)

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# enditnow™

Break the Silence About Abuse

## LOVE SHOULDN'T HURT



## A RESOURCE FOR PASTORS

## Community and International RESOURCES

### COMMUNITY RESOURCES

In many countries, there are resources in the community to which a pastor can turn. The first is the local "safe house" or "women's shelter." These establishments are always anxious to assist in teaching clergy about the problem. They are listed in your phone book.

### INTERNATIONAL ORGANIZATIONS

Domestic violence resources:

#### Human Rights Watch

1522 K Street NW #910, Washington, DC 20005, phone (202) 371-6592

#### International Women's Rights Action Watch

Humphrey Institute of Public Affairs, University of Minnesota, 301 19th Avenue South, Minneapolis, MN 55455

#### United Nations Development Fund for Women (UNIFEM)

email: [currents@unifem.org](mailto:currents@unifem.org)



## WHAT IS ABUSE?

Abuse: to injure or damage someone physically, psychologically/emotionally or sexually in order to intimidate, dominate, control, and/or exercise power. Abuse can be isolated or habitual, premeditated or spontaneous. The one who inflicts the abuse is typically called the abuser; the one who is abused is typically called the victim. Abuse can be overt or subtle. Regardless of the type of abuse, the results are equally destructive.

### FORMS OF ABUSE

**Physical:** Actions which cause humiliation, physical pain or injury.

**Psychological/Emotional:** actions which cause loss of self-esteem, and/or self-determination.

**Sexual:** Actions of a sexual nature that are unwelcome, uncomfortable, inappropriate or forced.

**Financial:** Actions of controlling and using the victims' finances without their permission or knowledge.

**Digital:** Actions of using technology such as texting and social networking to bully, harass, stalk or intimidate.



**Child Abuse:** Child abuse includes all of the above, as well as neglect and deprivation of essentials such as medical attention, food, appropriate supervision and care.

## WHAT TO DO ABOUT IT

### AS A PASTOR HAVE YOU EVER . . .

- Believed that abuse does not happen in the Seventh-day Adventist church?
- Been asked for help by a victim of abuse?
- Been overwhelmed by the needs of victims of abuse?
- Wished you had more resources to help you respond to domestic violence?
- Felt like your training did not equip you to respond to victims of abuse?

### AS A PASTOR I CAN . . .

- Recognize that abuse happens, even in my church.
- Work to ensure that my church is a safe place for all.
- Make my church a safe, comfortable place to talk about issues relating to abuse.
- Respect confidentiality.

## WHO ARE ABUSED?



Abuse is neither gender nor age specific, but the vast majority of those abused are women and children. One in three women in the world can expect to be abused sometime in her life.



### AS A PASTOR, I WILL NOT . . .

- Use religious teachings and sermons to support abuse.
  - Forget that the safety of the victims is most important.
  - Deny and minimize violence.
  - Ignore, cover, deny or remain silent about abuse.
  - Breach the confidentiality of the victim.
  - Allow excuses for family violence.
  - Assume a role for which I am not trained.
- Be a good listener—in order to validate the pain and brokenness of victims.
  - Withhold judgment while supporting the victims and the family.
  - Know what community support is available in order to refer people as appropriate.
  - Have information regarding abuse available to my congregations.
  - When possible, and as appropriate, support local women's shelters.
  - Address issues on abuse from the pulpit.
  - Hold perpetrators accountable for their actions.
  - Reaffirm the worth of all people.
  - Be aware of the barriers victims face.
  - Encourage members to talk about abuse.
  - Know my limitations in dealing with abuse issues and cases.
  - Assist/arrange for the safety and support of victims.

(Source: *A Minister's Guide to Understanding Domestic Violence*. Amelia Rose, PhD; CFLE, 2005.)

## GOD SPEAKS

“ Defend the cause of the weak and fatherless; rescue the weak and needy; deliver them from the hand of the wicked. ”

Psalms 82:3-4 (NIV)

“ The Lord desires His people to give in their homes a representation of the order and harmony that pervade the heavenly courts. ”

E. G. White, *Counsels on Health*, 101